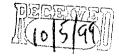


September 16, 1999

Food and Drug Administration
Office of Special Nutritionals (HFS-450)
Center for Food Safety and Applied Nutrition
200 C Street, SW
Washington, D.C. 20204



Dear Sirs:

Notice is hereby given pursuant to the requirements of section 403(r)(6) (21 U.S.C. 343(r)(6)) of the Federal Food, Drug, and Cosmetic Act and in accordance with the requirements of 21 CFR 101.93, that Health From The Sun, PO Box 179 Newport, NH 03773 within the past 30 days commenced marketing a dietary supplement bearing the following statements on the label and/or in the labeling:

Text of Claims:

1. promotes healthy skin & flexible joints

Marketers of:

Name of Ingredients Subject to Claim: borage seed oil

The Total EFA™

Name of Supplement: Health From The Sun Borage Liquid Gold

Evening Primrose Oil

The undersigned certifies that the information contained in this notice is complete and accurate and that Health From The Sun has substantiation that the statement is truthful and not misleading.

Black Currant Oil

Sincerely

Flax Oil

Borage Oil

David M. Kulow

FiProFLAX™

President

Fish Oil

Rocket Fuel

Bee Pollen from England

Sanhelios*

A Division of Arkopharma

975-0162

Sales, Marketing & Finance Office
53 Shore Road

Winchester, MA 01890

Tel: (781) 721-3303 Fax: (781) 290-5851 A Division of Oakmont Investment Co. Inc. LET 4290